



“Children are the world's most valuable resource and its best hope for the future”

John F. Kennedy

“It's bizarre that the produce manager is more important to my children's health than the pediatrician.”

Meryl Streep





The Healthy Kids Workshop

Presented by
Dr. Greg Anderson
Santa Barbara County's Top Wellness Expert



We Love Our Children



Not Everyone Does...

For a better start in life
start **COLA** earlier!



How soon is too soon?

Not soon enough. Laboratory tests over the last few years have proven that babies who start drinking soda during that early formative period have a much higher chance of gaining acceptance and "fitting in" during those awkward pre-teen and teen years. So, do yourself a favor. Do your child a favor. Start them on a strict regimen of sodas and other sugary carbonated beverages right now, for a lifetime of guaranteed happiness.

- Primary Active Lifestyle!
- Boosts Personality!
- Gives baby essential sugar!

The Soda Pop Board of America
1515 W. Hart Ave. - Chicago, IL



GARDASIL—the only cervical cancer vaccine
For girls and young women ages 9 to 26 years



YOUR DAUGHTER COULD BECOME 1 LESS LIFE AFFECTED BY CERVICAL CANCER.



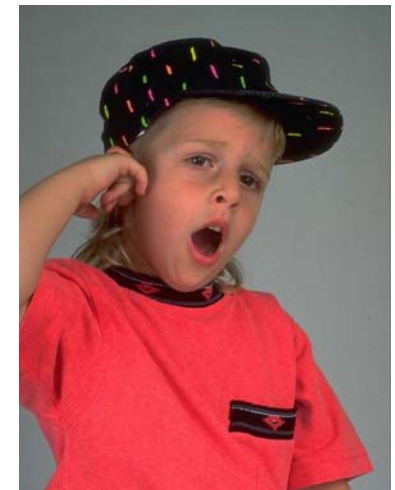
BOYCOTT Nestlé
FOR UNETHICAL PROMOTION AND SALE OF INFANT FORMULA IN THE THIRD WORLD
GENOCIDE FOR PROFIT





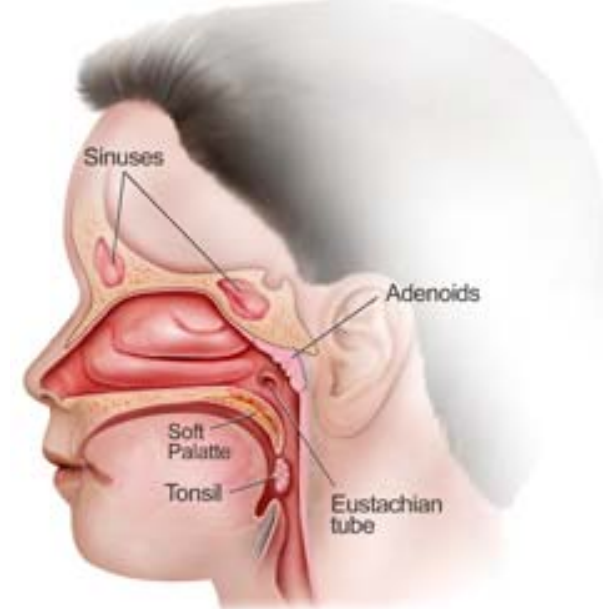
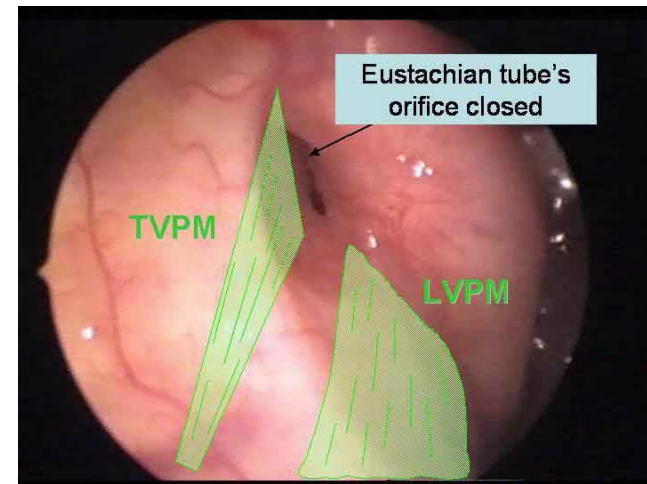

Ear Infections

- Otitis media is the #1 prescribed diagnosis for antibiotics and ear tube surgery is the #2 surgery in this country.
- By the age of three years, more than 70% of children will have had at least one episode of earache, and about a third will have had three or more occurrences.
- Over 35% of all visits to the pediatrician are a result of an ear infection.



Eustachian Tube Blockage

1. Abnormal contraction of the tensor veli palatini muscle
2. Swollen lymphoid tissue (Adenoidal) at the opening of the Eustachian tube may block the opening of the tube.



Ear Infections and Antibiotics

If children had taken antibiotics, there was a 63 percent chance they'd had at least one subsequent infection.

The risk was only 43 percent for children who'd been given an inactive placebo.

BMJ June 2009; Recurrence up to 3.5 years after antibiotic treatment of acute otitis media in very young Dutch children: survey of trial participants



Tubes in the Ears

- Controlled studies have shown that when both ears are infected, and a tube is inserted in only one of them, the outcome for both ears is identical.
- The ear where the tube was placed shows more scarring and hardening of the eardrum, with resulting hearing loss.
- The most common side effect of tubes in the ears is another ear infection.

Lancet, October 1981.



A small incision is made in the tympanic membrane



Tube inserted to drain fluid

Fallon Study

332 children with chronic ear infections participated in the study. Each child, ranging in age from 27 days to 5 years, was given a series of chiropractic adjustments.

The results show that close to 80% of the children did not experience another ear infection within the six-month period.



Strategies for Ear Infections

- **Chiropractic**
- **Don't reduce the fever**
- **Make the child more comfortable**
- **Breastfeed your child**
- **Don't Do Daycare**
- **Avoid second-hand smoke**
- **Dump the Cow's milk**
- **Lose the pacifier**



Children who are breastfed for at least 4 months have 50% less ear infections.

Ear Infection Testimonial

MICHAELA WATERS, AGE 1

Michaela was born 12 September 1989. She was diagnosed as having the first of many ear infections on 27 October 1989. She was treated with ten days of antibiotics each time.

In August of 1990 the doctors put her on 30 days of antibiotic therapy. This was unsuccessful so they continued the antibiotics for an additional 30 days. Michaela's ears finally appeared clear after that. (Out of 400 days of life, Michaela had had 177 days of antibiotics)

On 2 November 1990 Michaela was diagnosed with another ear infection and was referred to the surgeon for tubes in both ears. A good friend referred us to Dr. Gregory Anderson, a chiropractor, instead. Dr. Anderson examined Michaela and found that the first bone in her neck was misaligned causing nerve interference. He began to make a series of gentle adjustments on her neck to remove nerve pressure and restore normal function to her body.

Michaela has not had an ear infection since. She has not seen a medical physician for anything other than a well baby check-up.

There are four medical doctors in the pediatric clinic on Vandenberg Air Force Base and Michaela has seen all of them at least once. They tried just about every antibiotic they can give a child on Michaela. She had allergic reactions to two of the antibiotics. We spent many hours in the pediatric clinic for sick call and many sleepless nights.

After only one month of chiropractic care we knew something was different because Michaela had not ever been without an ear infection for longer than two weeks. We are thankful for the time and caring Dr. Anderson puts forth in his care for Michaela. It is great not having to give (force) her to take antibiotics and spending our lives in the base clinic. Having a healthy child is WONDERFUL!

Lynette R. Waters
Michaela's Mom





Immunization Concerns

1. Have vaccinations eliminated any childhood diseases?
2. Are vaccinated children any healthier than unvaccinated children?
3. Are there risks to vaccinating your children?
4. If vaccinations deliver any protection against disease at all, is it lifelong?

What “Wiped Out” Diseases?

JAMA®

The Journal of the American Medical Association

Vol. 281 No. 1, January 6, 1999

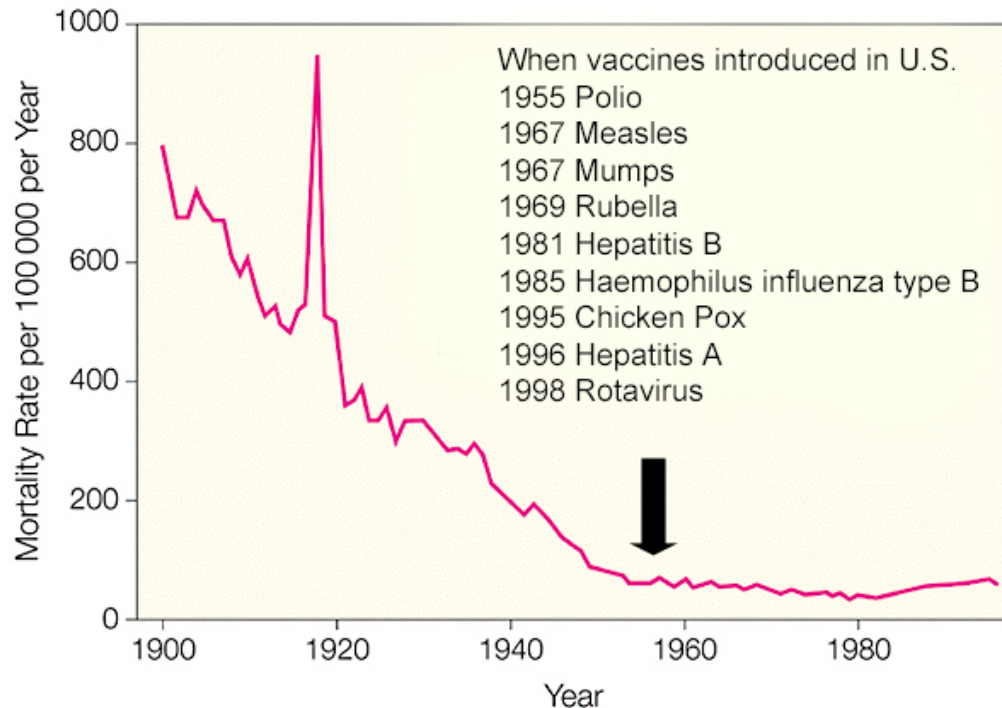


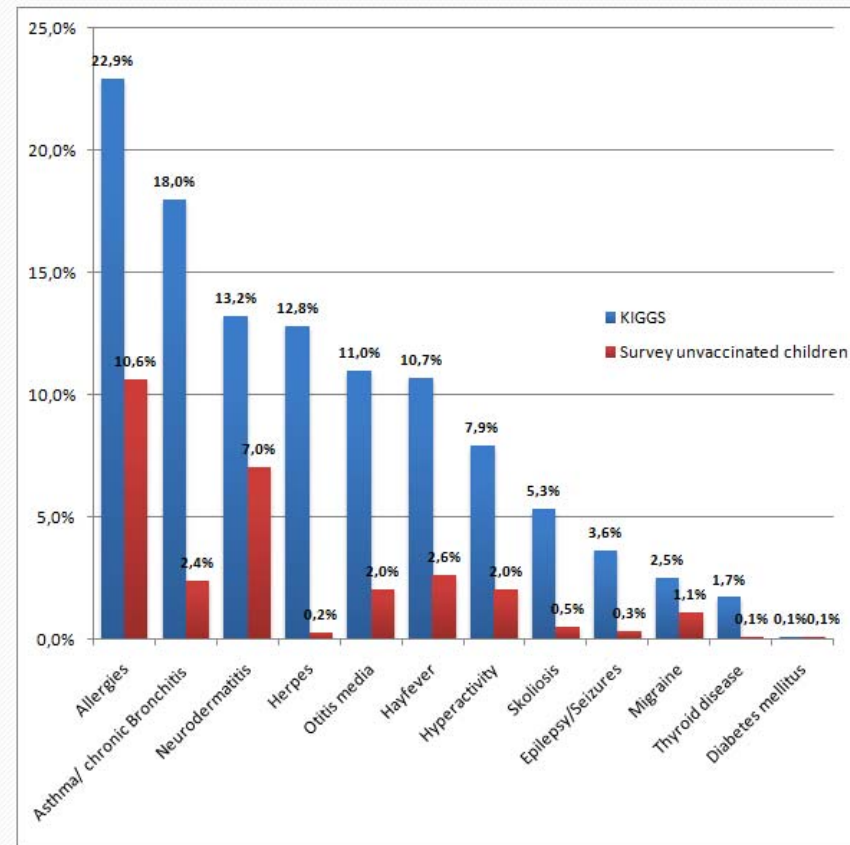
Figure 1. Crude Infectious Disease Mortality Rate in the United States from 1900 Through 1996

“... the largest historical decrease in morbidity and mortality caused by infectious disease was experienced not with the modern antibiotic and vaccine era, but after the introduction of clean water and effective sewer systems.”

The Journal of Pediatrics
December 1999, Vol. 135,
No. 6, p. 663

Are Vaccinated Kids Healthier?

Direct comparison KIGGS study and vaccineinjury.info-survey (September 2011)





Childhood Cancer

- Childhood brain cancer has risen by 36% since 1950 and is still rising.
- Childhood leukemia (acute lymphocytic leukemia or ALL) has risen by 33% since 1973 and is still rising.
- WHY?



Sweet Deception: Aspartame

“The study showed that in 320 nutrasweet-fed rats there were 12 brain tumors whereas in a group of concurrent control rats which were not exposed to nutrasweet, there were no brain tumors. Being a neuropathologist, I know that spontaneous brain tumors in laboratory rats are extremely rare.”



Aspartame - Is It Safe, Dr. H J Roberts MD



Diabetes & Obesity = Diabesity

- Diabetes type-1 is rising rapidly and expected to increase by 70% by 2020.
- A 2009 study shows Diabetes type-2 (adult-onset) is showing up as early as age 7. Why?
- Alarmingly, one-third of all American children between the ages of two and 19 are now either obese or overweight.





ADHD

- ADHD is increasing among children, mostly boys, at a rate of about 1% a year.
- Statistically, one child in every classroom in America would have ADHD.
- American children take 5 times more Ritalin than the rest of the children of the world combined.



Chiropractic and ADHD

A pilot study, published in the *Journal of Vertebral Subluxation Research* used objective outcome measures to evaluate attention in nine adult patients before and after two months of wellness chiropractic care.

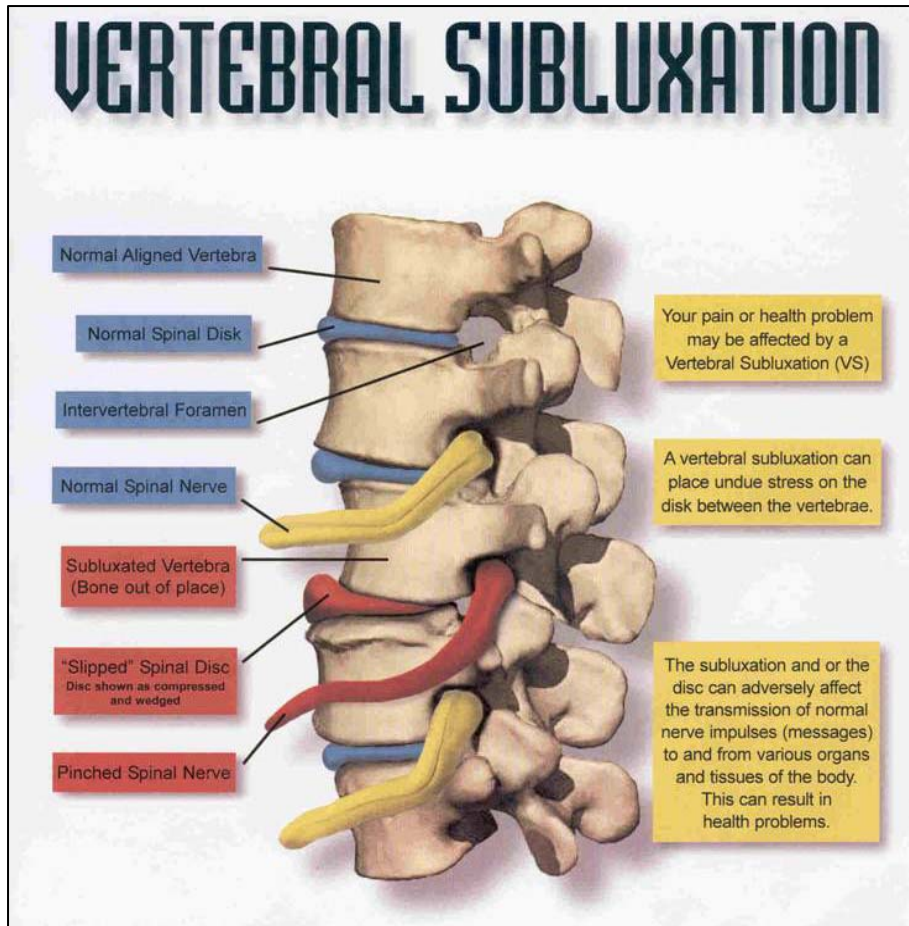
All patients experienced significant improvement.

"Although the results are preliminary and more research is needed, the outcome of the study suggests that patients suffering from attention deficit benefited from chiropractic care."



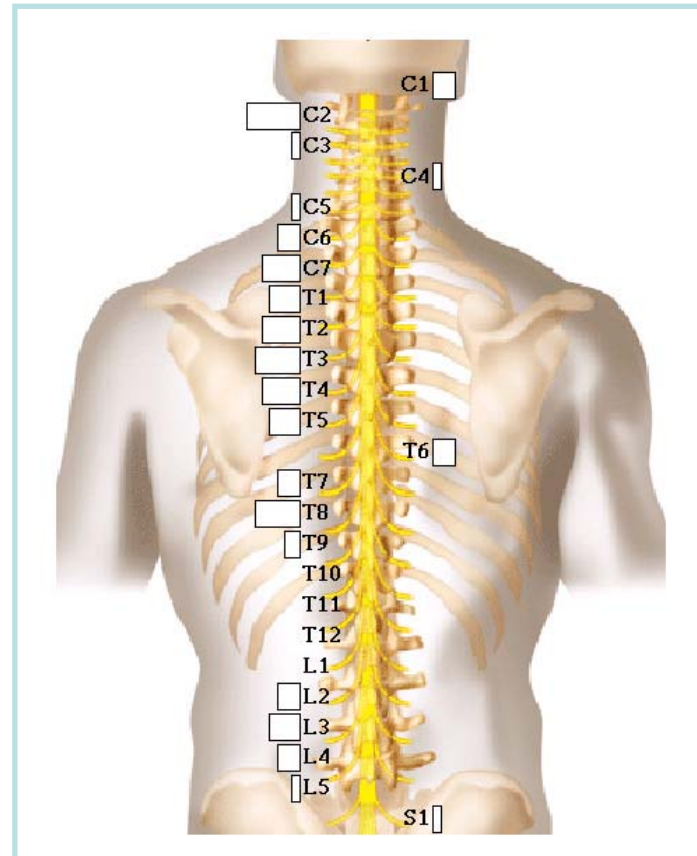
**Chiropractic care
benefits ADHD children
and adults**

Balanced Neurology



Subluxations disrupt the communication system of the body, the nervous system, resulting in an imbalance in your neurology and your body chemistry!

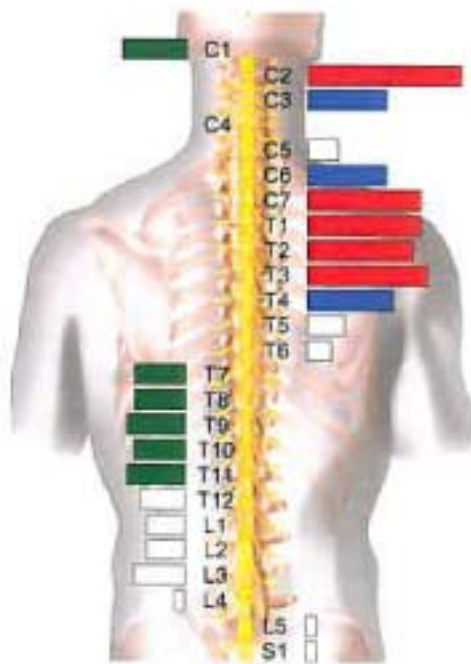
Detection of Nerve Interference



Normal thermal scan

Asthma, Colic... Case Study

Severe croup, allergies and asthma



11-04-2003
Age: 7



3-09-2004
Age: 7



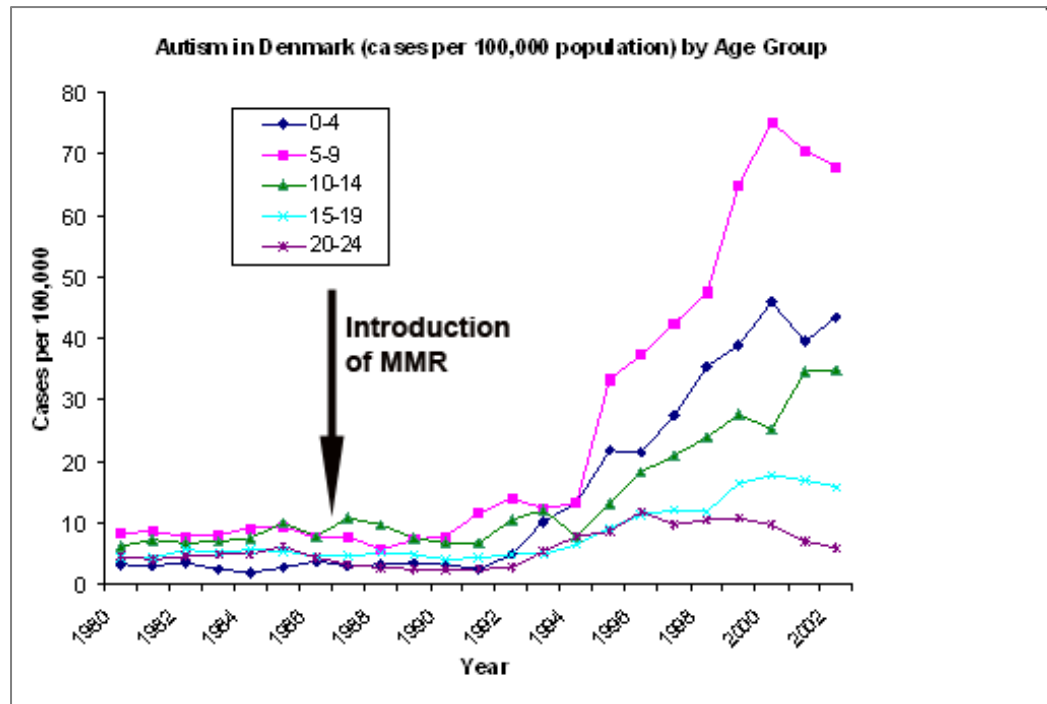
Autism or ASD

- ASD is Autism Spectrum Disorder
- Estimates are that up to 15% of all U.S. children have autism
- Autism is increasing. In California alone autism increased by 7 times between 1990 and 2000.
- Autism is 3-4 times more common in boys than it is girls.



Vaccines and Autism

- **Autism and the MMR Vaccine**
- **MMR introduced in Denmark in 1987**



More than 90% of California obstetricians and gynecologists have refused the vaccine for themselves.

Chiropractic & Autism

The results showed that improvement of ATEC scores occurred in 11 of the 14 children.

In this group, two of the children improved so much that they no longer met the criteria to be classified as autistic.



Early studies about chiropractic care for autistic children have yielded some amazing results!



Childhood Immunity

- Only 37% of pediatricians recommend breastfeeding your child for the first year
- Less than 22% of American babies are breastfed up to 5 months.



Breastfeeding is the best way to help your child develop a strong immune system.

Nutrition: Breast or Formula

	Breast Milk	Formula
Fats	Rich in Omega 3's (DHA)	No DHA
Proteins	Easy to digest	Difficult to Digest
Carbohydrates	Rich in lactose	Lactose deficient
Vitamins & Minerals	Easily absorbed esp. iron	Not absorbed
Enzymes	Rich in enzymes	Enzymes destroyed with pasteurization

Formula, Autism and ADHD

- Newly identified milk protein in formulas, **casomorphin**, has been shown to be a possible cause of ADHD and autism.
- High concentrations of **casomorphin** are found in the blood and urine of children with autism and schizophrenia.



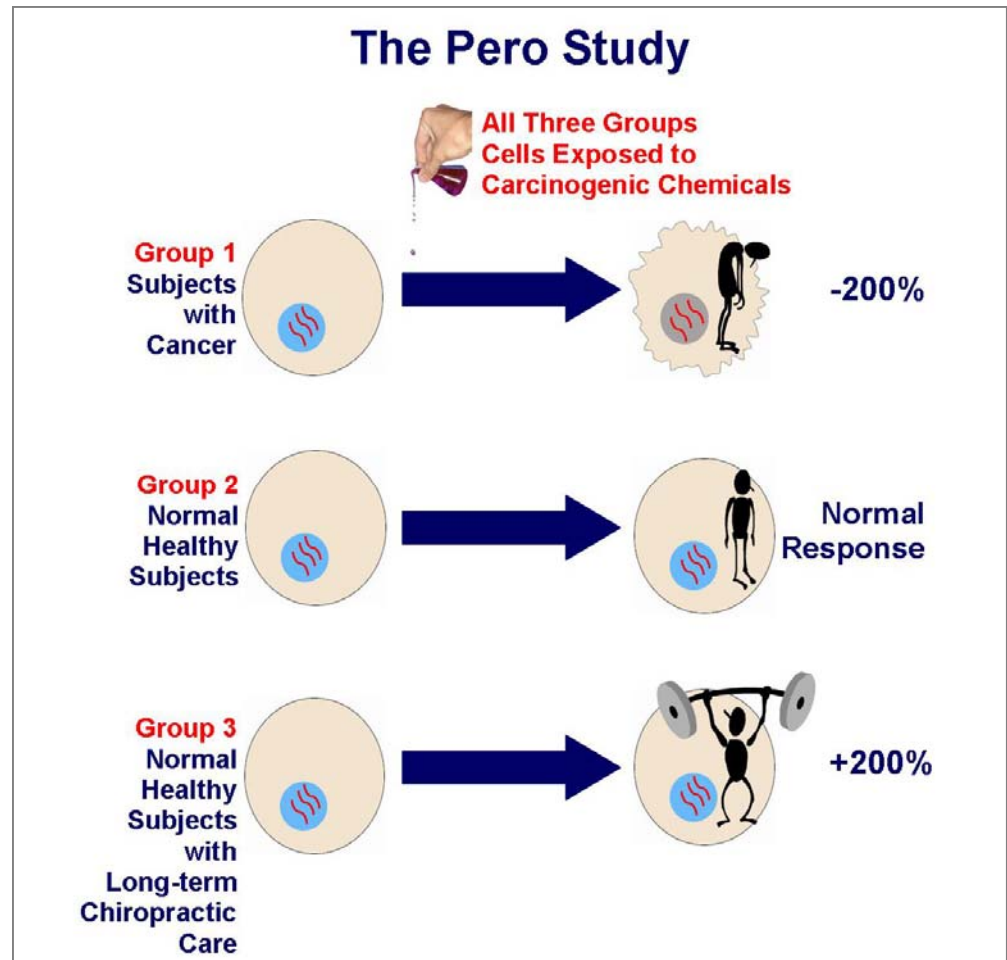
Nutrition & Immunity

- **Vitamin D**
- **Omega-3 fats**
- **Fresh vegetables and fruits**
- **Avoid foods known to reduce immunity**
 - The “whites” (sugar, flour, rice, potatoes, bread)
 - Cow’s milk
 - Any produce that is not organic contains pesticides



Chiropractic & Immunity

- The Enhanced Neutrophil Study
- The CD4 Study
- The Pero Study



I Wonder...

My special offer is only good today.

You can make appointments for as many family members or friends as you wish.

Start your journey toward better family health today!

